

## **Pain and bleeding in Early Pregnancy Virtual Coffee Break**

Provided by the University of Missouri-Kansas City School of Nursing and Health Studies  
and Jointly Provided by the Clinical Training Center for Family Planning

### **Even Description:**

This virtual coffee break was created by the National Clinical Training Center for Family Planning to describe the diagnosis and management of pain and bleeding in early pregnancy. It is intended for Title X program clinical providers (MD/NP/PA/CNM), nurses, and other staff who may assess and triage clients with early pregnancy symptoms.

### **Objectives:**

- Discuss the evaluation of abdominal/pelvic pain and vaginal bleeding in early pregnancy.
- Identify emergent and non-emergent pathologies for differential diagnosis of pain and bleeding in early pregnancy.
- Discuss criteria for instability and referral of client to emergency department.
- Describe essential actions for the expectant management of actual or threatened early pregnancy loss.

### **Successful Completion:**

This e-learning course offers 0.25 contact hours. To receive contact hours, participants must complete the course with a satisfactory grade of 80% or higher on the quiz and complete the Evaluation/Request for Credit form. CNE and certificates of completion will be emailed within three to four weeks after submitting the evaluation.

### **Commercial Support/ Sponsorship:**

There is no commercial support for this e-learning course.

### **Disclaimer:**

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### **Conflict of Interest:**

In accordance with continuing education guidelines, the speaker and planning committee members have disclosed commercial interests/ financial relationships with companies whose products or services may be discussed during this program.

Content Experts: Jennifer Kaiser, MD, MA, MSCI, Misha Pangasa, MD, Kate Frometa, CNM.

Planning committee: Denise Raybon, Angela Bolen and Sharon Colbert have nothing to disclose. Jacki Witt serves on the advisory panel for Mayne Pharmaceuticals (Resolved). Kristin Metcalf-Wilson is a board member for Afaxys and serves on the Mayne Pharmaceuticals advisory board (Resolved).

**Accreditation:**

**Continuing Nursing Education:**

The University of Missouri-Kansas City School of Nursing and Health Studies is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This e-learning course offers 0.25 contact hours for nurses.

**Enduring Materials** – CNE contact hours will be awarded for this e-learning course through December 31, 2024.

Contact Angela Bolen at [bolena@umkc.edu](mailto:bolena@umkc.edu) or 816-235-6611 if you have questions regarding continuing education credit.