



Early Pregnancy Diagnosis and Dating Virtual Coffee Break

Provided by the University of Missouri-Kansas City School of Nursing and Health Studies and Jointly Provided by the Clinical Training Center for Sexual Reproductive Health

Even Description:

This virtual coffee break was created by the Clinical Training Center for Sexual Reproductive Health to describe the process for diagnosing a pregnancy and determining gestational age. It is intended for Title X program clinical providers (MD/NP/PA/CNM), nurses, and other staff who provide pregnancy testing and counseling to clients.

Objectives:

- List the types of pregnancy tests and their uses based on their human chorionic gonadotropin (hCG) measurements and thresholds.
- Describe the process of determining gestational age.
- Discuss additional considerations for determining gestational age outside of the typical 28-day menstrual cycle.
- Identify the actions necessary for evaluating and counseling a client with a positive pregnancy test.

Successful Completion:

This e-learning course offers 0.25 contact hours. To receive contact hours, participants must complete the course with a satisfactory grade of 80% or higher on the quiz and complete the Evaluation/Request for Credit form. CNE and certificates of completion will be emailed within three to four weeks after submitting the evaluation.

Commercial Support/ Sponsorship:

There is no commercial support for this e-learning course.

Funding Acknowledgement

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Disclaimer

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Potential Relevant Financial Relationships:

In accordance with continuing education guidelines, the contributing authors and planning committee members have disclosed potential relevant financial relationships with ineligible companies whose products or services may be discussed during this program. These have been mitigated.

Content Experts: Jennifer Kaiser, MD, MA, MSCI, Misha Pangasa, MD, Kate Frometa, CNM, has no financial relationships with ineligible companies to disclose

Planning committee: Denise Raybon, Angela Bolen and Sharon Colbert have no financial relationships with ineligible companies to disclose.

The following planning committee members have a relevant financial relationship with an ineligible company, which has been mitigated. Jacki Witt serves on the advisory panel for Mayne Pharmaceuticals (hormonal contraception) and Merck (HPV Vaccine). Kristin Metcalf-Wilson is a board member for Afaxys Pharmaceuticals and is a Nexplanon trainer for Organon.

Accreditation:

Continuing Nursing Education:

The University of Missouri-Kansas City School of Nursing and Health Studies is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This e-learning course offers 0.25 contact hours for nurses.

Enduring Materials – CNE contact hours will be awarded for this e-learning course through December 31, 2025.

Contact Angela Bolen at bolena@umkc.edu or 816-235-6611 if you have questions regarding continuing education credit.