

## **Early Pregnancy Diagnosis and Dating Virtual Coffee Break**

Provided by the University of Missouri-Kansas City School of Nursing and Health Studies  
and Jointly Provided by the Clinical Training Center for Family Planning

### **Even Description:**

This virtual coffee break was created by the National Clinical Training Center for Family Planning to describe the process for diagnosing a pregnancy and determining gestational age. It is intended for Title X program clinical providers (MD/NP/PA/CNM), nurses, and other staff who provide pregnancy testing and counseling to clients.

### **Objectives:**

- List the types of pregnancy tests and their uses based on their human chorionic gonadotropin (hCG) measurements and thresholds.
- Describe the process of determining gestational age.
- Discuss additional considerations for determining gestational age outside of the typical 28-day menstrual cycle.
- Identify the actions necessary for evaluating and counseling a client with a positive pregnancy test.

### **Successful Completion:**

This e-learning course offers 0.25 contact hours. To receive contact hours, participants must complete the course with a satisfactory grade of 80% or higher on the quiz and complete the Evaluation/Request for Credit form. CNE and certificates of completion will be emailed within three to four weeks after submitting the evaluation.

### **Commercial Support/ Sponsorship:**

There is no commercial support for this e-learning course.

### **Disclaimer:**

This e-learning course is supported by DHHS grant # 1 FPTPA006031-02-00. It is intended for informational purposes and does not constitute legal or medical advice or endorsement of a specific product. Opinions expressed herein are the views of the contributors and do not reflect the official position of the United States Department of Health and Human Services (DHHS), the Office of Population Affairs (OPA), or the National Clinical Training Center for Family Planning (NCTCFP). No official support or endorsement by DHHS, OPA, or NCTCFP is intended or should be inferred.

### **Conflict of Interest:**

In accordance with continuing education guidelines, the speaker and planning committee members have disclosed commercial interests/ financial relationships with companies whose products or services may be discussed during this program.

Content Experts: Jennifer Kaiser, MD, MA, MSCI, Misha Pangasa, MD, Kate Frometa, CNM.

Planning committee: Denise Raybon, Angela Bolen and Sharon Colbert have nothing to disclose. Jacki Witt serves on the advisory panel for Mayne Pharmaceuticals (Resolved). Kristin Metcalf-Wilson is a board member for Afaxys and serves on the Mayne Pharmaceuticals advisory board (Resolved).

### **Accreditation:**

#### **Continuing Nursing Education:**

The University of Missouri-Kansas City School of Nursing and Health Studies is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This e-learning course offers 0.25 contact hours for nurses.

**Enduring Materials** – CNE contact hours will be awarded for this e-learning course through December 31, 2023.

Contact Angela Bolen at [bolena@umkc.edu](mailto:bolena@umkc.edu) or 816-235-6611 if you have questions regarding continuing education credit.