

# **Intrauterine Contraception: Mechanisms of Action, Terminology, Candidates for Use and Duration of Use**

## **Virtual Coffee Break**

Provided by the University of Missouri-Kansas City School of Nursing and Health Studies  
and Jointly Provided by the Clinical Training Center for Family Planning

### **Even Description:**

This virtual coffee break was created by the National Clinical Training Center for Family Planning. It is intended for Title X program clinical providers, pharmacists, nurses, and other staff who provide contraception counseling and administration. This brief learning opportunity will prepare participants to confidently discuss the types of intrauterine contraception (IUC) and their mechanisms of action, identify criteria for patient use, and describe the efficacy and duration of use for each.

### **Objectives:**

- Define the methods of intrauterine contraception (IUC)
- Discuss the mechanisms of action for each type of IUC
- Describe the nomenclature for intrauterine devices, including brand names
- Identify FDA-approved duration of use for each type of IUC
- List the criteria for candidate selection

### **Successful Completion:**

This webinar offers 0.25 contact hours. To receive contact hours, participants must complete the course with a satisfactory grade of 80% or higher on the quiz and complete the Evaluation/Request for Credit form. CNE and certificates of completion will be emailed within three to four weeks after submitting the evaluation.

### **Commercial Support/ Sponsorship:**

There is no commercial support for this training.

### **Non-Endorsement of Products:**

The National Clinical Training Center for Family Planning (NCTCFP) is funded by the Office of Population Affairs (OPA). Although funded by OPA, the opinions discussed during the presentations are those of the speakers and do not necessarily reflect the opinions, beliefs and viewpoints official stance of Department of Health and Human Services (DHHS), OPA, University of Missouri-Kansas City School of Nursing and Health Studies (UMKC-SoNHS), the American Nurses Credentialing Center's Commission on Accreditation and the American Academy of Family Physicians National Clinical Training Center for Family Planning (NCTCFP).

### **Acknowledgment of Funding:**

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### **Conflict of Interest:**

In accordance with continuing education guidelines, the speaker and planning committee members have disclosed commercial interests/ financial relationships with companies whose products or services may be discussed during this program.

Content Experts: Kristin Metcalf-Wilson is a board member for Afaxys and serves on the Mayne Pharmaceuticals advisory board (Resolved).

Planning committee: Denise Raybon, Angela Bolen and Sharon Colbert have nothing to disclose. Jacki Witt serves on the advisory panel for Mayne Pharmaceuticals (Resolved).

**Accreditation:**

**Continuing Nursing Education:**

The University of Missouri-Kansas City School of Nursing and Health Studies is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This webinar offers 0.25 contact hours for nurses.

**Enduring Materials** – CNE contact hours will be awarded for this program through December 31, 2024.

Contact Angela Bolen at [bolena@umkc.edu](mailto:bolena@umkc.edu) or 816-235-6611 if you have questions regarding continuing education credit.