

**Disclosure Information**  
**Supporting Recovery with Medications for Addictions Treatment (MAT)**  
**E-Learning Course**

**Overview**

This 2.5 hour self-paced course provides an overview of Medications for Addiction Treatment (MAT) and discusses how MAT fits into the context of the larger substance use disorder treatment system. It includes information on the scale of the alcohol and opioid problem in the U.S. as well as how alcohol and opioids work in the body and brain. The overall purpose of this course is to enhance your professional knowledge of MAT and increase your confidence to engage and educate patients about MAT.

**Successful Completion**

This course offers 2.5 contact hours. To receive contact hours, participants must complete the course with a satisfactory grade of 80% or higher on all module quizzes and complete the Evaluation/Request for Credit form. CME, CNE NASW, NAADAC and certificates of completion will be available immediately upon passing the course and submitting the evaluation.

**Objectives**

- Identify the evidence of the efficacy of MAT, common perceptions about the use of medications to treat substance use disorders, and the settings in which MAT is utilized
- Review the epidemiology of the two major substance categories for which there are medications available, alcohol and opioids
- Understand the acute and chronic medical and psychological effects of alcohol and opioid use, including the impact of these substances on the brain
- Understand the impact that stigma can have on implementation of MAT
- Recognize the three core elements of recovery and how MAT can be used to support
- Identify key messages to overcoming MAT barriers
- Review admission criteria and guidelines at OTPs
- Understand the role of self-help programs in the use of MAT

**Conflict of Interest**

In accordance with continuing education accreditation standards, speakers, planners, content reviewers, and staff have disclosed their commercial interests and financial relationships which may be perceived as a conflict of interest. The following individuals have potential conflicts of interest:

**Content Experts:** Joan Kandel, DO, FAAFP, FASAM and Shannon L. Roberts, MPH have nothing to disclose.

**Planners:** Hannah Clary, Angela Bolen and Sharon Colbert have nothing to disclose. Jacki Witt, JD, MSN, WHNP-BC, SANE-A, FAANP serves on the advisory board for Merck Pharmaceuticals (HPV vaccine) and Mayne Pharmaceuticals (hormonal contraception) (mitigated). Kristin Metcalf-Wilson, DNP, WHNP-BC serves on the advisory board for Afaxys and Mayne Pharmaceuticals (mitigated).

**Commercial Support/Sponsorship:**

There is no commercial support for this training.

**Non-Endorsement of Products:**

The University of Missouri-Kansas City School of Nursing and Health Studies, the American Nurses Credentialing Center's Commission on Accreditation and the American Academy of Family Physicians do not approve or endorse any commercial products associated with this activity.

**Accreditation Statements:****Continuing Nursing Education:**

The University of Missouri-Kansas City School of Nursing and Health Studies is accredited as a provider of continuing nursing professional *development* by the American Nurses Credentialing Center's Commission on Accreditation.

This program offers up to 2.5 for nurses.

**Continuing Medical Education:**

The AAFP has reviewed Supporting Recovery with Medications for Addictions Treatment (MAT) and deemed it acceptable for up to 2.5 Enduring Materials, Self-Study AAFP Elective credits. Term of Approval is from 09/30/2022 to 09/30/2023.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**National Association of Social Workers (NASW)**

This program is Approved by the National Association of Social Workers (Approval # 886867499-5693) for 2.5 continuing education contact hours.

**NAADAC**

This course has been approved by the University of Missouri Kansas City School of Nursing and Health Studies (UMKC-SoNHS), as a NAADAC Approved Education Provider, for 2.5 CE(s). NAADAC Provider #64973, UMKC UMKC-SoNHS is responsible for all aspects of its programming.”

**Enduring Materials** – Contact hours will be awarded for this program through September 30, 2023.

Contact Angela Bolen at [bolena@umkc.edu](mailto:bolena@umkc.edu) if you have questions regarding continuing education credit.