

## **SBIRT for Health and Behavioral Health Professionals: How to Talk to Patients About Substance Use E-Learning Online Course**

Provided by the University of Missouri-Kansas City School of Nursing and Health Studies  
Jointly Provided by Public Health Solutions

### **Overview**

*SBIRT for Health and Behavioral Health Professionals: How to Talk to Patients about Substance Use* is a 4-hour self-paced course for health, oral health, and behavioral health students and professionals. Learners will watch video demonstrations of brief interventions performed by other clinicians and even practice themselves with a patient through a situational branching exercise. Participants will apply and test their knowledge through quizzes following each module. They will then watch “Putting it all Together” videos and complete knowledge check activities. The goal of this course is to help participants develop their knowledge, skills, and abilities in using SBIRT as an intervention with patients.

### **Successful Completion**

This course offers up to 4.0 nursing contact hours. To receive contact hours, participants must submit a completed evaluation and request for credit form and complete the course with a satisfactory grade of 80% or higher on all module quizzes. CNE Certificates will be emailed approximately 4-6 weeks after satisfactory completion of the course. Non-CE Certificates of Completion are available immediately for electronic download upon satisfactory completion of the course.

### **Objectives**

By the end of this course, students will be able to:

- Define Screening, Brief Intervention, and Referral to Treatment (SBIRT)
- Explain Screening for substance use
- Identify motivational interviewing skills
- List the four steps of a Brief Negotiated Interview (BNI)
- Explain when a Referral to Treatment is appropriate

### **Conflict of Interest**

In accordance with continuing education guidelines, speakers and planning committee members have disclosed financial relationships with commercial interests that may create a potential conflict of interest. Kendra Barker, MEd, Angela Bolen, Catherin Boles, RDH, MS, Christina Boyd, LSCSW, LCAC, Delwyn Catley, PhD, Sharon Colbert, MSM, Kristin Gillenwater, DO, Heather Gotham, PhD, Ile Haggins, Brett Harris, DrPH, MSW, Jessica Hildreth, BA, Jared Keeler, MD, Sarah Knopf-Amelung, MA-R, Laurie Krom, MS, Araba Kuofie, BA, Martha Lofgreen, APRN, WHNP-BC, Michael McCunniff, DDS, MS, Patricia Stilen, MSW, Amy Stubbs, MD, Edna Talboy, PhD and Denna Vandersloot, MEd have nothing to disclose, Jacki Witt, JD, MSN, WHNP-BC, SANE-A, FAANP serves on the advisory panel for Mayne Pharmaceuticals and Merck HPV Vaccine (mitigated). Kristin Metcalf-Wilson serves on the advisory board for Mayne and Afaxys (mitigated).

**Commercial Support** – There is no commercial support for this program.

### **Accreditation Statements:**

#### **Continuing Nursing Education (CNE)**

The University of Missouri-Kansas City School of Nursing Continuing Nursing and Health Studies is accredited as a provider of continuing nursing professional development by the American Nurses Credentialing Center’s Commission on Accreditation.

*This activity is offers up to 4.0 contact hours for nurses.*

### **Enduring Materials:**

Contact hours will be awarded for this program through December 31, 2022 for CNE.

*This course was developed by the University of Missouri-Kansas City (UMKC) SBIRT Project located at the UMKC School of Nursing and Health Studies, with funding by grant T1025355 from the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA).*

Contact Angela Bolen at [bolena@umkc.edu](mailto:bolena@umkc.edu) or 816-235-6611 if you have questions regarding continuing education credit.