SBIRT for Health and Behavioral Health Professionals
On-line Course

Statement of Purpose:
Substance use is prevalent among patients, but how exactly should a health professional address it? SBIRT (screening, brief intervention, and referral to treatment) is a public health approach to identify and intervene early with individuals who are using drugs and alcohol in unhealthy ways, and to assist individuals who might have a substance use disorder to access specialty care

Overview
SBIRT for Health and Behavioral Health Professionals: How to Talk to Patients about Substance Use is a 3 hour self-paced course for health, oral health, and behavioral health students and professionals. Learners will watch video demonstrations of brief interventions performed by other clinicians and even practice themselves with a patient through a situational branching exercise. Participants will apply and test their knowledge through quizzes following each module. The goal of this course is to help participants develop their knowledge, skills, and abilities in using SBIRT as an intervention with patients.

Successful Completion
This course offers up to 3.0 nursing contact hours. To receive contact hours, participants must submit a completed evaluation and request for credit form and complete the course with a satisfactory grade of 80% or higher on all module quizzes. CNE, NAADAC, NASW and non-CE Certificates of Completion are available immediately for electronic download upon satisfactory completion of the course.

Objectives
By the end of this course, students will be able to:
- Define Screening, Brief Intervention, and Referral to Treatment (SBIRT)
- Explain Screening for substance use
- Identify motivational interviewing skills
- List the four steps of a Brief Negotiated Interview (BNI)
- Explain when a Referral to Treatment is appropriate

Conflict of Interest
In accordance with continuing education guidelines, speakers and planning committee members have disclosed financial relationships with commercial interests that may create a potential conflict of interest. Kendra Barker, MEd, Angela Bolen, Catherin Boles, RDH, MS, Christina Boyd, LSCSW, LCAC, Delwyn Catley, PhD, Sharon Colbert, MSM, Kristin Gillenwater, DO, Heather Gotham, PhD, Ile Haggins, Brett Harris, DrPH, MSW, Jessica Hildreth, BA, Jared Keeler, MD, Sarah Knopf-Amelung, MA-R, Laurie Krom, MS, Araba Kuofie, BA, Martha Lofgreen, APRN, WHNP-BC, Michael McCunniff, DDS, MS, Patricia Stilen, MSW, Amy Stubbs, MD, Edna Talboy, PhD and Denna Vandersloot, MEd have nothing to disclose, Jacki Witt, JD, MSN, WHNP-BC, SANE-A, FAANP serves on the advisory panel for Mayne Pharmaceuticals and Merck HPV Vaccine (mitigated). Kristin Metcalf-Wilson serves on the advisory board for Mayne and Afaxys (mitigated).

Commercial Support – There is no commercial support for this program.

Accreditation Statements:
Continuing Nursing Education (CNE)
The University of Missouri-Kansas City School of Nursing Continuing Nursing and Health Studies is accredited as a provider of continuing nursing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This activity is offers up to 3.0 contact hours for nurses.

Association for Addiction Professionals (NAADAC)
The Addiction Technology Transfer Center (ATTC) National Coordinating Office (Provider #64973), located at the University of Missouri – Kansas City (UMKC) School of Nursing and Health Studies, is an accredited NAADAC continuing education provider. This activity has been approved for 3.0 CE. The ATTC Network Coordinating Office (NAADAC Provider #64973) is responsible for all aspects of its programing.

National Association of Social Workers (NASW)
This program is Approved by the National Association of Social Workers (Approval # 886867499-6860) for 3.0 continuing education contact hours.

Enduring Materials:
Contact hours will be awarded for this program through March 31, 2025.

Contact Angela Bolen at bolena@umkc.edu or 816-235-6611 if you have questions regarding continuing education credit.