

Disclosure Information
Older Adults and Substance Use Disorder
E-Learning Course

Overview

The number of older adults in the United States is increasing and with the aging of baby boomers this increase is expected to continue. In addition, the aging baby boomers are changing the aging experience much like they have changed other life stages prior to their older adult years. This population cohort is also one that experimented with and continued to use substances to a degree beyond other previous generational cohorts. The result is that as they age, they are bringing substance use into the older adult years.

Successful Completion

This course offers 3.75 contact hours. To receive contact hours, participants must complete the course with a satisfactory grade of 80% or higher on all module quizzes and complete the Evaluation/Request for Credit form. NAADAC and certificates of completion will be available immediately upon passing the course and submitting the evaluation.

Objectives

At the conclusion of these modules, participants will be able to:

Module 1:

- Describe the aging process as it relates to the physical, emotional, and social areas of development
- Identify the impact of Baby Boomers on the aging process and substance use
- Identify and explain healthy aging related and social comorbidities that influence the aging process
- Identify misconceptions of aging and barriers to healthy aging

Module 2:

- Identify the prevalence & implications of addiction in older adults
- Identify the Principles of Care to guide assessment and intervention with older adults
- Identify risk & protective factors for older adults
- Identify evidenced-based assessment, intervention, and treatment approaches techniques for addressing substance use by older adults

Module 3:

- Identify differences in risks of addiction with the aging population
- Understand gender differences in the progression of Substance Use Disorders
- Understand the impact of stigma on women seeking services
- Identify treatment recommendations to assist women with the recovery process

Module 4:

- Define harm reduction
- List harm reduction strategies that can be implemented in practice
- Consider harm reduction as a strategy to improve quality of life in older adults
- Examine ways that harm reduction increases access to treatment

Module 5:

- Identify the two types of pain experienced by patients
- Identify the conditions that often result in chronic pain in patients
- Describe the elements of the pain assessment process
- Identify behavioral strategies that can be used to assist patients with managing chronic pain

Conflict of Interest

In accordance with continuing education accreditation standards, speakers, planners, content reviewers, and staff have disclosed their commercial interests and financial relationships which may be perceived as a conflict of interest. The following individuals have potential conflicts of interest:

Content Experts: Christine Harsell, DNP, ANP-BC and Kim Miller, MS, LPCC, LMAC have nothing to disclose.

Planners: Kenneth Flanagan, PhD, MSW, LCSW, Abby Moore, Hannah Clary, Angela Bolen and Sharon Colbert have nothing to disclose. Jacki Witt, JD, MSN, WHNP-BC, SANE-A, FAANP serves on the advisory board for Merck Pharmaceuticals (HPV vaccine) and Mayne Pharmaceuticals (hormonal contraception) (mitigated). Kristin Metcalf-Wilson, DNP, WHNP-BC serves on the advisory board for Afaxys and Mayne Pharmaceuticals (mitigated).

Commercial Support/Sponsorship:

There is no commercial support for this training.

Non-Endorsement of Products:

The University of Missouri-Kansas City School of Nursing and Health Studies does not approve or endorse any commercial products associated with this activity.

Accreditation Statement:**NAADAC**

This course has been approved by the University of Missouri Kansas City School of Nursing and Health Studies (UMKC-SoNHS), as a NAADAC Approved Education Provider, for 3.75 CE(s). NAADAC Provider #64973, UMKC UMKC-SoNHS is responsible for all aspects of its programming.”

Enduring Materials – Contact hours will be awarded for this program through December 31, 2024.

Contact Angela Bolen at bolena@umkc.edu if you have questions regarding continuing education credit.