

**The SAT2HIV-II Project's
A Tour of Motivational Interviewing: An Interprofessional Road Map for Behavior Change
E-Learning On-line Course**

Provided by the University of Missouri-Kansas City School of Nursing and Health Studies

Overview

This course takes the learner on a tour of the essential skills used to strengthen an individual's motivation for behavior change. Descriptions, demonstrations, and learning activities provide an introduction to MI. This course is not meant to prepare the learner to deliver this evidence-based practice with fidelity. Learning MI is a developmental process that requires a longer-term investment of time and effort. This includes repeated opportunities to practice learned skills, to receive feedback on performance from experienced MI practitioners, and to integrate this feedback into practice.

Objectives

- Define the “Spirit of Motivational Interviewing” and examine its evidence-base.
- Describe the importance of engagement with the patient through use of core interviewing skills also referred to as OARS (open-ended questions, affirmations, reflections, summaries).
- Examine the ongoing process of seeking and maintaining a clear focus and strategic direction.
- Differentiate specific aspects of patient language that evoke and strengthen motivation and commitment for behavior change.
- Identify the components of planning for behavior change.
- Appraise interest in obtaining more advanced MI training and skill formation.

Conflict of Interest

In accordance with continuing education guidelines, speakers and planning committee members have disclosed financial relationships with commercial interests that may create a potential conflict of interest. Martha Lofgreen, APRN, WHNP-BC, Delwyn Catley, PhD, Ile Haggins, MSW, Patricia Stilen, MSW, Edna Talboy, PhD, Denna Vandersloot, M.Ed., MA-R, Angela Bolen, and Viannella Halsall, MPH, have nothing to disclose. Jacki Witt, JD, MSN, WHNP-BC, SANE-A, FAANP – Advisory Board for Mayne and Merck (mitigated).

Successful Completion

To receive contact hours, participants must complete the self-paced Tour of Motivational Interviewing online training and complete the training with a satisfactory grade of 80% or higher on the quiz. This Tour of MI training will help prepare you and the other participating staff for the SAT2HIV Project's 12-hour live virtual workshop. Certificates will be emailed within four (4) to six (6) weeks.

Accreditation Statements

Nursing:

The University of Missouri-Kansas City School of Nursing and Health Studies is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This conference offers up to 4.0 contact hours for nurses.

National Association of Social Workers (NASW)

This program is Approved by the National Association of Social Workers (Approval # 886867499-8487) for 4.0 continuing education contact hours.

NAADAC

This course has been approved by the Addiction Technology Transfer Center (ATTC) Network Coordinating Office, as a NAADAC Approved Education Provider, for 4.0 CE(s). NAADAC Provider #64973, UMKC School of Nursing and Health Studies, is responsible for all aspects of its programming.”

Certified and Master Certified Health Education Specialists (CHES & MCHES):

Sponsored by the University of Missouri-Kansas City School of Nursing and Health Studies, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This course is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 4.0 total Category I continuing education contact hours.

National Board for Certified Counselors (NBCC):

The Addiction Technology Transfer Center (ATTC) Network Coordinating Office has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6481. Programs that do not qualify for NBCC credit are clearly identified. Addiction Technology Transfer Center (ATTC) Network Coordinating Office is solely responsible for all aspects of the programs.

This course offers up to **4.0** contact hours

Commercial Support

There is no commercial support for this program.

Enduring Materials – Contact hours will be awarded for this program through January 31, 2023.

Contact Angela Bolen at bolena@umkc.edu or 816-235-6611 if you have questions regarding continuing education credit.