



# Providing Care in the 4<sup>th</sup> Trimester

Provided by the University of Missouri-Kansas City School of Nursing and Health Studies Jointly provided by the Clinical Training Center for Family Planning

## **Description:**

This is a webinarette (Virtual Coffee Break) on the importance of providing family planning and associated care for postpartum women, including a review of all components of post-partum visits and guidance on providing care for women with common co-morbidities, such as diabetes or renal disease.

## **Objectives:**

- 1. Explain that the optimization of postpartum care is not tied to a single postpartum visit/encounter but should become ongoing care, as needed
- 2. Describe the postpartum visit to include a full assessment of physical, social, and psychosocial well-being
- 3. Develop a plan of care for women with chronic medical conditions such as hypertensive disorders, obesity, diabetes, thyroid disorders, renal disease, and mood disorders

#### Successful Completion:

This course offers 0.5 contact hours. To receive contact hours, participants must complete the course with a satisfactory grade of 80% or higher on the quiz and complete the Evaluation/Request for Credit form. CNE and certificates of completion will be available immediately upon passing the course and submitting the evaluation.

#### **Commercial Support/ Sponsorship:**

There is no commercial support for this training.

## **Non-Endorsement of Products:**

The University of Missouri-Kansas City School of Nursing, the ANCC do not approve or endorse any commercial products associated with this activity.

## **Conflict of Interest:**

In accordance with continuing education guidelines, the speaker and planning committee members have disclosed commercial interests/ financial relationships with companies whose products or services may be discussed during this program.

Speaker: Jamille Nagtalon-Ramos, EdD, MSN, WHNP-BC, IBCLC, FAANP

Planning committee: Katherine Atcheson, Angela Bolen and Sharon Colbert have nothing to disclose. Jacki Witt serves on the advisory panel for Mayne Pharma (Resolved). Kristin Metcalf-Wilson is a board member with Afaxys Pharmaceuticals and serves on the advisory board for Mayne Pharmaceuticals (Resolved).

## Accreditation:

## **Continuing Nursing Education:**

The University of Missouri-Kansas City School of Nursing and Health Studies is accredited as a provider of continuing nursing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This webinar offers .5 contact hours for nurses.

## NCC Continuing Competency Category Codes

NCC Code 1

Enduring Materials – CNE contact hours will be awarded for this program through October 23, 2021.

Contact Angela Bolen at bolena@umkc.edu or 816-235-6611 if you have questions regarding continuing education credit.

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