

Articles of Interest

The Intersection Between Contraception and Anxiety & Depression

Provided by the University of Missouri-Kansas City School of Nursing and Health Studies

Jointly-Provider by the Clinical Training Center for Family Planning

Overview

The NCTCFP presents a new Continuing Education modality, “**Articles of Interest**,” featuring journal articles to keep you informed of family planning and reproductive health topics. This new on-line resource provides an easy way to obtain CE credit at your convenience! Just read the articles and complete a quiz about the content.

Successful Completion

This course offers .75 contact hours. To receive contact hours, participants must complete the course with a satisfactory grade of 80% or higher on the quiz and complete the Evaluation/Request for Credit form. CNE and certificates of completion will be available immediately upon passing the course and submitting the evaluation.

Objectives

1. Discuss the relationship between anxiety and depression and contraception use.
2. Apply the US Medical Eligibility Criteria (US MEC) for Contraceptive Use, CDC 2016 for women with mental health concerns.
3. Implement counseling strategies for contraception and mental health to improve women’s opportunities to reaching their reproductive goals.

Conflict of Interest

In accordance with continuing education guidelines, speakers and planning committee members have disclosed financial relationships with commercial interests that may create a potential conflict of interest.

Disclosures

Author Disclosures: Kelli Stidham Hall, PhD, MD, NP, Julia R Steinberg, PhD, MA, Carrie A. Cwiak, MD, MPH, Rebecca H. Allen, MD, MPH, Sheila M. Marcus, MD, Cherry L. Farr, Kathryn M. Curtis, Cheryl L. Robbins, Lauren B. Zapata and Patricia M. Dietz have nothing to disclose.

Planning Committee Disclosures: Katherine Atcheson, Angela Bolen and Sharon Colbert have nothing to disclose. Jacki Witt serves on the advisory panel for Afaxys (Resolved). Kristin Metcalf-Wilson serves on the Afaxys Pharmaceuticals advisory board (Resolved).

Commercial Support/Sponsorship:

There is no commercial support for this training.

Non-Endorsement of Products:

The University of Missouri-Kansas City School of Nursing and Health Studies and ANCC do not approve or endorse any commercial products associated with this activity.

Acknowledgment of Funding:

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Enduring Materials –CNE contact hours will be awarded for this program through December 31, 2021.

Accreditation

The University of Missouri-Kansas City School of Nursing and Health Studies is accredited as a provider of continuing nursing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This program offers up to .75 contact hour for this activity.

Contact Angela Bolen at bolena@umkc.edu if you have questions regarding continuing education credit.