

## **Disclosure Information**

### **Trauma Informed Care in the Family Planning Setting**

Provided by the University of Missouri-Kansas City School of Nursing and Health Studies  
Co-provided by Clinical Training Center for Family Planning

#### **Description:**

This webinar will lead participants on an interactive journey into the trauma-informed approach. Through a combination of focused lecture and reflective practice, we will track the history of the trauma-informed movement, delineate the goals of trauma-informed care, offer guidance for implementation in clinical settings, and explore the linkage between practitioner embodied resilience to the capacity to provide empathic trauma-responsive client care.

#### **Objectives:**

After this webinar, participants will be able to:

- Summarize the history of the trauma-informed movement.
- Review the holistic impact and sequelae of interpersonal, historical, and collective trauma on individual physiology, emotional, cognitive, and behavioral levels.
- Describe trauma-informed care goals, principles, and domains of implementation.
- Differentiate developmental stages in the trauma-informed organizational change framework.
- Discuss linkages between practitioner self-awareness, self-regulation, and resilience-building as they relate to empathic trauma-informed client care

#### **Successful Completion:**

This webinar offers 1.5 contact hours for nurses. To receive contact hours, participants must complete the online Evaluation and Request for Credit Form. CNE, CME and CHES certificates as well as Certificates of Attendance will be emailed within three to four weeks.

#### **Commercial Support/ Sponsorship:**

No commercial support or sponsorship for this training.

#### **Non-Endorsement of Products:**

The University of Missouri-Kansas City School of Nursing, The Office of Population Affairs, the American Nurses Credentialing Center's Commission on Accreditation and American Academy of Family Physicians do not approve or endorse any commercial products associated with this activity.

#### **Conflict of Interest:**

In accordance with continuing education guidelines, the speaker and planning committee members have disclosed commercial interests/ financial relationships with companies whose products or services may be discussed during this program.

Speaker: Nkem Ndefo, MSN, CNM, RN has nothing to disclose.

Planning Committee: Shelby Webb, Sharon Colbert and Angela Bolen have nothing to disclose. Jacki Witt serves on the advisory board for Afaxys Pharmaceuticals. (Resolved). Kristin Metcalf-Wilson serves on the Afaxys Pharmaceuticals advisory board (Resolved).

**Accreditation:**

**Continuing Medical Education:**

The AAFP has reviewed Trauma Informed Care in the Family Planning Setting and deemed it acceptable for up to 1.50 Online Only, Live AAFP Elective credit. Term of Approval is from 09/23/2020 to 09/23/2021. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Continuing Nursing Education:**

The University of Missouri-Kansas City School of Nursing and Health Studies is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This program offers up to 1.5 contact hour for nurses.

**Certified and Master Certified Health Education Specialists (CHES & MCHES)**

Sponsored by the University of Missouri-Kansas City School of Nursing and Health Studies, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This Webinar: *Trauma Informed Care in the Family Planning Setting* is designated for Certified Health Education Specialists (CHES) to receive up to 1.5 total Category I continuing education contact hours.

**Enduring Materials –** CNE, CME and CHES contact hours will be awarded for this program through September 23, 2021.

Contact Angela Bolen at [bolena@umkc.edu](mailto:bolena@umkc.edu) or 816-235-6611 if you have questions regarding continuing education credit.

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