



## Counseling Your Adolescent Clients to Resist Sexual Coercion and Encourage Family Participation

Provided by the University of Missouri-Kansas City School of Nursing and Health Studies  
and the Clinical Training Center for Family Planning

### Objectives:

By the end of this activity, participant will be able to:

- Describe the **Title X requirement** for encouraging family participation in the decision of minors to seek family planning services and counseling adolescents to resist sexual coercion.
- List the **benefits** of encouraging family participation for minors.
- Implement at least one **strategy** for working with parents/guardians and adolescents to encourage family participation.
- Discuss **healthy relationships** with adolescent clients and show adolescent clients how to use **refusal skills techniques** to resist sexual coercion.
- Observe two videos and implement one new **best practice** to facilitate **provider-adolescent communication**.

### Successful Completion:

This activity offers 0.5 contact hours. To receive contact hours, participants must complete the course with a satisfactory grade of 80% or higher on the quiz and complete the Evaluation/Request for Credit form. CNE and certificates of completion will be available immediately upon passing the course and submitting the evaluation. CHES certificates will be emailed approximately 4-6 weeks after the evaluation has been submitted.

### Commercial Support/ Sponsorship:

There is no commercial support for this training.

### Non-Endorsement of Products:

The University of Missouri-Kansas City School of Nursing, the ANCC do not approve or endorse any commercial products associated with this activity.

### Conflict of Interest:

In accordance with continuing education guidelines, the speaker and planning committee members have disclosed commercial interests/ financial relationships with companies whose products or services may be discussed during this program.

Speaker: Shannon Rauh, Med and Certified Sexuality Educator has no conflicts of interest to report.

Planning committee: Angela Bolen and Carissa Ruff have nothing to disclose. Jacki Witt serves on the advisory panel for Afaxys (Resolved).

### Accreditation:

#### Continuing Nursing Education:

The University of Missouri-Kansas City School of Nursing and Health Studies is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This webinar offers .5 contact hours for nurses.

### Certified and Master Certified Health Education Specialists (CHES & MCHES)

Sponsored by the University of Missouri-Kansas City School of Nursing and Health Studies, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This Virtual Coffee Break: ***Counseling Your Adolescent Clients to Resist Sexual Coercion and Encourage Family Participation*** is designated for Certified Health Education Specialists (CHES) and/or Master

Certified Health Education Specialists (MCHES) to receive up to .5 total Category I continuing education contact hours.

**Enduring Materials –** CNE contact hours will be awarded for this program through December 31, 2020.

Contact Angela Bolen at [bolena@umkc.edu](mailto:bolena@umkc.edu) or 816-235-6611 if you have questions regarding continuing education credit.

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