



Disclosure Information

The Psychiatrist's Guide to Population Management of Diabetes

Provided by the University of Missouri-Kansas City School of Nursing and Health Studies, National Clinical Training Center for Family Planning and the Substance Abuse and Mental Health Services Administration (SAMHSA)

Event Description:

This 3-hour, self-paced course is designed for psychiatric prescribers who treat patients with serious mental illness. The course aims to increase prescriber knowledge of and confidence in the identification and management of diabetes and other cardiovascular risk factors.

Based on a population management approach, this 3-module course will provide strategies to identify care gaps and stratify risks related to diabetes in a population with serious mental illness; address prevention of diabetes through strategies to support health behavior change that are feasible in specialty mental health settings; and describe treatment options for Type 2 diabetes, including goals of diabetes care for patients with serious mental illness.

Learning Outcomes: Module 1

- Appreciate the benefits of a population approach for identifying and addressing cardiovascular disease (CVD) risk factors among patients with serious mental illness.
- Practice using an online risk calculator to evaluate a patient's 10-year risk of CVD and consider how this risk might inform changes in treatment.
- Identify two changes you can make in your current clinical practice to address patient risk.

Learning Outcomes: Module 2

- Evaluation of an individual patient's risk of developing diabetes
- Effectively engage patients in discussions regarding health behavior change
- Recommend realistic strategies to patients for decreasing risk of developing diabetes
- Summarize the evidence base for lifestyle interventions programs for individuals with severe
- mental illness
- Identify appropriate uses of metformin in addressing weight gain and diabetes risk

Learning Outcomes: Module 3

- Understand the pathophysiology of diabetes
- Know the difference between type 1 and type 2 diabetes
- Identify the goals of diabetes care and those with serious mental illness
- Recognize management options for those with diabetes and serious mental illness

Successful Completion:

This recorded course offers up to 3.0 contact hours. To receive contact hours, participants must complete the course with a satisfactory grade of 80% or higher on the quiz and complete the Evaluation/Request for Credit form. CNE and CME certificates will be emailed within 4-6 weeks after submitting the Evaluation/Request for Credit form.

Commercial Support/ Sponsorship:

No commercial support or sponsorship for this training.

Non-Endorsement of Products:

The University of Missouri-Kansas City School of Nursing, the ANCC and AAFP do not approve or endorse any commercial products associated with this activity.

Conflict of Interest:

In accordance with continuing education guidelines, the speaker and planning committee members have disclosed commercial interests/ financial relationships with companies whose products or services may be discussed during this program.

Speakers: Lydia A Chwastiak, MD, MPH and Alyson Myers, MD have nothing to disclose. Martha Ward, MD, receives royalties as author of UpToDate. (Resolved).

Planning committee: Gabrielle Orsi, Kristin Metcalf-Wilson, Shelby Webb, and Angela Bolen have nothing to disclose. Jacki Witt serves on the advisory board for Afaxys Pharmaceuticals. (Resolved).

Enduring Materials – CNE and CME contact hours will be awarded for this program through August 31, 2021.

Accreditation:

Continuing Medical Education:

The AAFP has reviewed The Psychiatrist's Guide to Population Management of Diabetes and deemed it acceptable for up to 3.00 Enduring Materials, Self-Study AAFP Elective credit. Term of Approval is from 08/31/2020 to 08/31/2021. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Nursing Professional Development:

The University of Missouri-Kansas City School of Nursing and Health Studies is accredited as a provider of continuing nursing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This activity offers up to 3.0 contact hours for nurses.

Contact Angela Bolen at bolena@umkc.edu or 816-235-6611 if you have questions regarding continuing education credit.