

## **Disclosure Information**

### **Basic IUC Skills Placement and Removal Training**

Provided by the University of Missouri-Kansas City School of Nursing and Health Studies  
Jointly Provided by the Clinical Training Center for Family Planning

#### **Description:**

The activity will provide new and less- experienced family planning staff with foundational knowledge about contraceptive methods.

#### **Objectives:**

- Identify reasons for use of a tenaculum during IUC placement
- Describe correct use of uterine sound during IUC placement
- Demonstrate correct hand skills for placement of the copper IUC and the levonorgestrel IUCs
- Explain the differences between the 5 IUCs currently on the market in the US
- Summarize the U.S. MEC category 3 and 4 recommendations regarding levonorgestrel and copper IUCs

#### **Successful Completion:**

This training offers up to 1.5 contact hours. To receive contact hours, participants must complete the course with a satisfactory grade of 80% or higher on the quiz and complete the online evaluation and request for credit form. CNE, CMEs and Certificates of Completion will be emailed 4 – 6 weeks after submission of the online evaluation/request for credit form.

#### **Commercial Support/ Sponsorship:**

Commercial support of IUC training kits (in-kind support) has been provided by Cooper Surgical, Medicines 360 and Bayer.

#### **Funding Acknowledgement**

The Clinical Training Center for Sexual and Reproductive Health is funded by DHHS grant number 5 FPTPA006031-03-00. This activity is intended for informational purposes and does not constitute legal or medical advice or endorsement of a specific product.

#### **Disclaimer**

Opinions expressed herein are the views of the contributors and do not reflect the official position of the Department of Health and Human Services (DHHS), the Office of Population Affairs (OPA), or the Clinical Training Center for Sexual and Reproductive Health (CTC-SRH). No official support or endorsement by DHHS, OPA, or CTC-SRH is intended or should be inferred.

#### **Conflict of Interest:**

In accordance with continuing education guidelines, the speaker and planning committee members have disclosed commercial interests/ financial relationships with companies whose products or services may be discussed during this program.

Trainers: Kristin Metcalf-Wilson, DNP, WHNP-BC serves on the advisory board for Mayne and Afaxys Pharmaceuticals (*Mitigated*). Karla Wilmot is a Nexplanon trainer for Merck and Organon (*mitigated*). Joely Pritzker is a Nexplanon trainer for Organon (*mitigated*). Yoshie Darnall is a Nexplanon trainer for Organon (*mitigated*). Tammy Bennett, RN, MSN, WHNP-BC, DNP(c), is a clinical trainer for Organon, (*mitigated*). Deb Klipper, MSN, ARNP has nothing to disclose.

Planning Committee: Alexis Bates, Shelby Webb, Sharon Colbert and Angela Bolen have nothing to disclose. Jacki Witt serves on the advisory board for Mayne Pharmaceuticals hormonal contraception and Merck Pharmaceuticals HPV vaccine (*mitigated*). Kristin Metcalf-Wilson serves on the advisory board for Mayne and Afaxys Pharmaceuticals (*mitigated*).

**Accreditation Statements:**

**Continuing Nursing Education:**

The University of Missouri-Kansas City School of Nursing and Health Studies is accredited as a provider of continuing nursing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This program offers up to 1.5 for nurses.

**Continuing Medical Education:**

The AAFP has reviewed Basic IUC Skills Placement and Removal and deemed it acceptable for up to 1.50 Enduring Materials, Self-Study AAFP Elective credits. Term of Approval is from 11/17/2023 to 11/17/2024. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Enduring Materials:**

Contact hours will be awarded for this program through November 17, 2024.

Contact Angela Bolen at [bolena@umkc.edu](mailto:bolena@umkc.edu) or 816-235-6611 if you have questions regarding continuing education credit.