

## **Clinical Supervision Foundations On-line Course**

### **Overview**

This 14-hour, self-paced course is designed to introduce the terms, topics, and resources essential to clinical supervision. The course is required to participate in the ATTC Network's face-to-face training, Clinical Supervision Foundations Part II. Revised Edition, September 2018.

### **Successful Completion**

This course offers up to 14.0 contact hours NAADAC and 12.0 contact hours for NASW. To receive contact hours, participants must submit a completed evaluation and request for credit form and complete the course with a satisfactory grade of 80% or higher on all module quizzes. NASW, NAADAC and non-CE Certificates of Completion are available immediately for electronic download upon satisfactory completion of the course.

### **Objectives**

#### **Module 1 Objectives:**

1. Understand the definition and responsibilities of the clinical supervisor.
2. Identify the functions/roles of the clinical supervisor.
3. Differentiate among clinical supervision, administrative supervision, and counseling.
4. Self-assess with regard to competencies needed by a clinical supervisor.

#### **Module 2 Objectives:**

1. Recognize that various models can be applied to clinical supervision
2. Explore how personal tendencies along the descriptive dimensions affect supervisory practice
3. Differentiate key aspects of selected treatment-based and integrated models
4. Apply new learning to case studies and Quiz

#### **Module 3 Objectives:**

1. Understand the value of an effective supervisory alliance
2. Describe the parallel process in relation to the supervisory alliance
3. Identify key factors that strengthen or compromise the supervisory alliance
4. Recognize interpersonal conflict and resistance in supervision and identify methods to minimize or resolve these conflicts

#### **Module 4 Objectives:**

1. Define the different modalities used in clinical supervision and the value of each.
2. Select the most appropriate modality in a sample situation.
3. Describe methods of clinical supervision including their function, advantages, and disadvantages (includes verbal, written, case consultation and direct observation).
4. Identify key requirements and challenges when using direct observation, both live and recorded.
5. Describe techniques of clinical supervision including modeling, skill demonstrations, and role-playing.

#### **Module 5 Objectives:**

1. Understand the developmental skill levels counselors experience.
2. Define the characteristics of each of stage of development and relate these characteristics to a supervisory approach.
3. Understand the developmental levels and characteristics of each level experienced by supervisors as they move through three stages of growth.
4. Describe the steps necessary to develop an effective mentoring relationship.
5. Understand differences in learning styles and identify one's own style of learning.

#### **Module 6 Objectives:**

1. Understand the role of evaluation in clinical supervision.
2. Explore how TAP 21 Rating Forms and the Rubrics can be used as evaluation tools.
3. Recognize the value of strength-based feedback using the "praise sandwich" method and the ORAL model.
4. Understand the value of structure in the supervisory interview.
5. Understand the process in creating a Professional Development Plan to improve performance.

**Module 7 Objectives:**

1. Reflect upon the cultural context of the clinical supervisor relationship.
2. Gain awareness of how one's own attitudes, beliefs, and perceptions are a product of one's life experience.
3. Begin to assess their level of cultural competence.

**Module 8 Objectives:**

1. Define ethics
2. Understand ethical principles as they apply to supervision in addictions counseling
3. Identify legal considerations that affect clinical practice.
4. Explore the concept of vicarious liability.
5. Describe an ethical decision-making model.

**Module 9 Objectives:**

1. Understand the importance of time management in supervision.
2. Understand techniques for managing conflict.
3. Understand their role in ensuring compliance with regulatory authorities, contractors, and agency policies and procedures.
4. Distinguish the differences among clinical supervision, administrative supervision, and counseling.
5. Understand the additional duties and tasks of administrative supervision.

**Module 10 Objectives:**

1. Define leadership and understand its importance in a clinical supervision setting.
2. Understand the basic concepts of emotional intelligence and its application in the role of clinical supervisor.
3. Understand competencies and qualities of effective leadership

**Conflict of Interest**

In accordance with continuing education guidelines, speakers and planning committee members have disclosed financial relationships with commercial interests that may create a potential conflict of interest. Scott Breedlove, Christina Boyd, LCSW, LCAC, Patricia Stilen, MSW, Edna Talboy, PhD and Denna Vandersloot, MEd, Angela Bolen and Sharon Colbert have nothing to disclose, Jacki Witt, JD, MSN, WHNP-BC, SANE-A, FAANP – Advisory Boards for Mayne (Resolved).

**Commercial Support** – There is no commercial support for this program.

**Accreditation Statements:**

**National Association of Social Workers (NASW)**

Continuing Social Work Education: This program is approved by the National Association of Social Workers (Approval # 886867499-5303) for 12.0 continuing education contact hours.

**Association for Addiction Professionals (NAADAC)**

The Addiction Technology Transfer Center (ATTC) National Coordinating Office (Provider #64973), located at the University of Missouri – Kansas City (UMKC) School of Nursing and Health Studies, is an accredited NAADAC continuing education provider. This activity has been approved for 14.0 CE. The ATTC Network Coordinating Office (NAADAC Provider #64973) is responsible for all aspects of its programming.

**Enduring Materials** – Contact hours will be awarded for this program through March 31, 2025.

Contact Angela Bolen at [bolena@umkc.edu](mailto:bolena@umkc.edu) or 816-235-6611 if you have questions regarding continuing education credit.