



Contraception Resources from the CDC: 2016 U.S. MEC and SPR Updates

Overview

Dr. Katherine Simmons is an obstetrician gynecologist and reproductive specialist within the division of reproductive health at CDC. During this presentation, she will be discussing the 2016 updates to the U.S. Medical Eligibility Criteria and the U.S. Selected Practice Recommendations for Contraceptive Use through the use of several case studies.

Successful Completion

This course offers 1.0 contact hour. To receive contact hours, participants must complete the course with a satisfactory grade of 80% or higher on the quiz and complete the Evaluation/Request for Credit form. CNE and certificates of completion will be available immediately upon passing the course and submitting the evaluation. CME certificates will be emailed within four weeks of submitting the evaluation.

Objectives

1. Describe the U.S. Medical Eligibility Criteria for Contraceptive Use, 2016 (U.S. MEC) and U.S. Selected Practice Recommendations for Contraceptive Use, 2016 (U.S. SPR)
2. Identify intended use and target audience
3. Understand how to use the U.S. MEC and U.S. SPR
4. Apply the guidance in specific situations, based on clinical scenarios

Conflict of Interest

In accordance with continuing education guidelines, speakers and planning committee members have disclosed financial relationships with commercial interests that may create a potential conflict of interest. Dr. Simmons has nothing to disclose.

Disclosures for Planning Committee

Sharon Colbert, Angela Bolen, Viannella Halsall, Dodie Rother and Martha Lofgreen have nothing to disclose. Jacki Witt is a consultant for Bayer Pharmaceuticals and Watson Actavis Pharmaceuticals and on the advisory panel for Afaxys (Resolved).

Commercial Support/Sponsorship:

There is no commercial support for this training.

Non-Endorsement of Products:

The University of Missouri-Kansas City School of Nursing and Health Studies, ANCC and St. Louis STD/HIV Prevention Training Center do not approve or endorse any commercial products associated with this activity.

Enduring Materials – CME and CNE contact hours will be awarded for this program through December 18, 2017.

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Missouri State Medical Association (MSMA) through the co-sponsorship of the St. Louis STD/HIV Prevention Training Center and University of Missouri-Kansas City School of Nursing and Health Studies. The St. Louis STD/HIV Prevention Training Center is accredited by the MSMA to provide continuing medical education for physicians.”

Designation Statement – The St. Louis STD/HIV Prevention Training Center designates this webinar activity for a maximum of 1.0 *Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Missouri-Kansas City School of Nursing and Health Studies is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

This program offers up to 1.0 contact hour for this activity.

Contact Angela Bolen at bolena@umkc.edu if you have questions regarding continuing education credit.