



SBIRT for Health and Behavioral Health Professionals: How to Talk to Patients about Substance Use On-line Course

Overview

Substance use is prevalent among patients, but how exactly should a health professional address it? SBIRT (screening, brief intervention, and referral to treatment) is a public health approach to identify and intervene early with individuals who are using drugs and alcohol in unhealthy ways, and to assist individuals who might have a substance use disorder to access specialty care. This online course invites participants to take part in a new employee orientation on SBIRT at Midtown Healthcare Center, an urban-serving primary care clinic. In addition to dialogue among the staff about addressing substance use in a primary care setting, learners will watch video demonstrations of brief interventions performed by other Midtown Healthcare Center clinicians and even practice themselves with a virtual patient.

Successful Completion

This course offers up to 4 nursing contact hours. To receive contact hours, participants must submit a completed evaluation and request for credit form, and complete the course with a satisfactory grade of 80% or higher on all module quizzes. CNE, CE, and non-CE Certificates of Completion are available immediately for electronic download upon satisfactory completion of the course. CHES certificates will be emailed within 4 weeks of submitting the evaluation.

Objectives

- Explain the SBIRT process and the value of this evidence-based practice.
- Perform pre-and full-screening for substance use and determine a patient's level of risk.
- Demonstrate the four steps of a brief intervention using the spirit of Motivational Interviewing.
- Examine strategies for effectively referring patients to specialty treatment for substance use disorders when appropriate.

Conflict of Interest

In accordance with continuing education guidelines, speakers and planning committee members have disclosed financial relationships with commercial interests that may create a potential conflict of interest. Delwyn Catley, PhD, Denna Vandersloot, M.ED, Martha Lofgreen, APRN, WHNP-BC, Ile Haggins, MSW, Heather Gotham, PhD, Kendra Barker, M.ED, Sarah Knopf-Amelung, MA-R and Angela Bolen have nothing to disclose. Jacki Witt, JD, MSN, WHNP-BC, SANE-A, FAANP – Advisory Boards for Medicines 360, Actavis, Afaxys and Bayer

Commercial Support

There is no commercial support for this program.

Enduring Materials – Contact hours will be awarded for this program through September 1, 2016.

The University of Missouri-Kansas City School of Nursing Continuing Nursing and Health Studies is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

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Contact Angela Bolen at bolena@umkc.edu or 816-235-6611 if you have questions regarding continuing education credit.