

# Working with Military Members: The Chronic Care Model E-Learning Course

## Overview

In this course, comprised of two video lectures (approximately 30 minutes), learners will be presented with information on The Chronic Care Model and tips for managing chronic conditions. Chronic diseases cause 70% of deaths in the US. To change the outcomes requires a fundamental change in practice. By the end of this presentation, participants will identify the elements of the Chronic Care Model and how it can be implemented to improve health outcomes.

## **Successful Completion**

This course offers 1.0 contact hours. To receive contact hours, participants must complete the course with a satisfactory grade of 80% or higher on the quiz and complete the Evaluation/Request for Credit form. CNE and certificates of completion will be available immediately upon passing the course and submitting the evaluation.

## Objectives

- Demonstrate an understanding of the Chronic Care Model and its application to managing chronic diseases.
- Demonstrate an understanding of the PACT model used in the VA System and the relationship to the Chronic Care Model.
- Apply self-management strategies for chronic diseases.
- Demonstrate patient-centeredness at the heart of the Chronic Care Model for working with Veterans.
- Define multiple chronic conditions.
- Articulate thoughts and ideas to provide better coordinated, evidence-based care to persons with multiple chronic conditions.

#### **Conflict of Interest**

In accordance with continuing education guidelines, speakers and planning committee members have disclosed financial relationships with commercial interests that may create a potential conflict of interest.

#### Disclosures

Speaker: Jane Peterson has nothing to disclose.

**Planning Committee Disclosures:** Sharon Colbert, Angela Bolen, Margaret Brommelsiek, Erin Hobbs and Martha Loftgreen have nothing to disclose. Jacki Witt serves on the advisory panel for Afaxys (Resolved).

#### **Commercial Support/Sponsorship:**

There is no commercial support for this training.

#### **Non-Endorsement of Products:**

The University of Missouri-Kansas City School of Nursing and Health Studies and ANCC do not approve or endorse any commercial products associated with this activity.

Enduring Materials – CNE contact hours will be awarded for this program through July 25, 2019.

#### Accreditation

The University of Missouri-Kansas City School of Nursing and Health Studies is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This program offers up to 1.0 contact hour for this activity.